

8 Books That Were Influential In Ways That Suprised Me

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SCREWTAPE LETTERS
BY: C.S. LEWIS

Spiritual warfare talk often includes big words that rarely feel personal, but not Screwtape Letters. A "demon" uncle is writing to his "demon in training" nephew about convincing ways to lead us astray. The personal relevance alone is why this book made the list.

Spiritual maturity and emotional maturity go hand in hand. We desire to be more - we want to be MORE than SAVED. We want to be in union with Jesus all the days of our lives. If you only read 1 book on this list, let it be this one.

**EMOTIONALLY HEALTHY
SPIRITUALITY**
BY: PETE SCAZZERO

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SACRED REST
BY: DR. SAUNDRA DALTON

I've always viewed rest as sleep or quiet time alone, but what if it's dinner with 3 close friends, taking a jog, or painting? Dr. Dalton explores 9 types of rest that may help you get the soul rest you didn't know you were craving.

When simplicity comes to mind I think about purging my home or spending less, but there's so much more. Jan's book helped me explore how abundance is found in more than simplifying the clutter in my home and living on a budget.

ABUNDANT SIMPLCITY
BY: JAN JOHNSON

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**PRAYING THE SCRIPTURE
FOR YOUR CHILDREN**
BY: JODIE BERNDT

Twelve years later and I still use the prayers written in this book and not only for my children. It also taught me the power in praying God's Words back to Him.

Susan's memoir opened my eyes to the cycle of incarceration and why it is so difficult to break free. Honestly, this is an eye opener that made me a more empathetic person.

BECOMING MRS. BURTON
BY: SUSAN BURTON & CARI LYNN

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THE COMMON RULE
BY: JUSTIN WHITMEL EARLEY

In a world that yells "more is better", "you do you", "make your own way", Justin offers formational habits that are both practical and transformational. How do I know? I now practice many of them.

This 4 book fiction series takes you on a journey of 4 women being formed by the spirit of God and you can't help but be drawn in and find yourself walking in their shoes. I didn't expect a fictional series to impact my walk with Jesus, but this one did

SENSIBLE SHOES SERIES
BY: SHARON GARLOUGH BROWN

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